

**St. Ann Church**  
**781 Smith Road, Parsippany, NJ 07054**  
**(973) 884-1986**

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## **Confirmation & Youth Ministry Office**

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### Selecting a Confirmation Name

All candidates will need to select a Confirmation Name. The Catholic Dictionary explains Confirmation names as such:

“The name of a saint, chosen by the person to be confirmed and imposed by the bishop in Confirmation. Added to the Christian name, it gives the person confirmed a heavenly patron whom he should endeavor to imitate.”

#### **Common Questions and Answers:**

**Question:** Can I choose any name I want?

**Answer:** The norms for Confirmation indicate that you choose the name of a saint. This saint will then be your heavenly patron. You should research and select a saint name that best represents who you are.

**Question:** How do I pick a saint?

**Answer:** There are many sources to find exciting saints. Check out some of the resources listed below and see what's available. Since each saint has a feast day sometimes people pick a saint based upon an important day in their life like a birthday. Each saint is also the patron of an activity or job. Sometimes it's the events of the life of a saint that connect you.

**Question:** Do I have to select a name that is the same gender as I am?

**Answer:** Not at all. You can choose any saint to be your patron. A girl could just as easily choose Luke as she could choose Anna.

**Question:** What is the best way to get started in selecting a name?

**Answer:** The best way to get started is by researching. There are thousands of resources on Catholic Saints. The Internet, library and church library are all good places to look. After researching, consider what is important to you and how you can select someone that mirrors those qualities. Then have a discussion with your parents and Confirmation sponsor. It is best to discuss all decisions with the people that have been guiding your faith for so long. Finally, pray and live it – pray about the decision and why you reach the decision be proud and exemplify the qualities of your selected saint.

**Question:** When do I have to have my saint name picked by?

**Answer:** We are having all teens (grades 8,9,10) select a Confirmation Name this year. This will allow us to better work it into our program for the remainder of this year and the future. All saint names must be selected and submitted via the link on the parish website by **January 15<sup>th</sup>**.

#### **Internet Resources For Finding Saints Information**

Check out these sites:

Catholic.Org website <http://www.catholic.org/saints/>

Catholic Forum website <http://www.catholicforum.com/saints/indexsnt.htm>

Catholic-Pages.com website <http://www.catholic-pages.com/dir/saints.asp>