



What Is Shrove Tuesday

Shrove is the past tense of the word *shrive*, which means to hear a **confession**, assign penance, and absolve from sin. In the Middle Ages, especially in Northern Europe and England, it became the custom to confess one's sins on the day before Lent began in order to enter the penitential season in the right spirit.

Shrove Tuesday is the day before **Ash Wednesday**, the beginning of **Lent** in the Roman Catholic Church (and those Protestant churches that observe Lent).

Shrove Tuesday is a reminder that Christians are entering a season of penance and was originally a solemn day. But over the centuries, in anticipation of the Lenten fast that would begin the next day, Shrove Tuesday took on a festive nature. That is why Shrove Tuesday is also known as **Fat Tuesday** or **Mardi Gras**. "On Shrove Tuesday, we always have pancakes to celebrate before the coming of Lent." By Scott P. Richert

St. Ann Samaritans invite you to join them for a Shrove Tuesday Pancake Supper February 13 from 5:00 – 7:00 p.m at 781 Smith Road, Parsippany. This is a great time for fun and fellowship. Tickets will be on sale after all Masses and at the Church Monday thru Friday beginning January 20 during office hours. Price of the meal includes: pancakes, sausage, tea, coffee, juice and dessert. **Tickets must be purchased in advance.** Cost: adults \$7 and children (up to 10 yrs.) \$3.