

KNOW THE MASS, ONE WORD AT A TIME

Do you actually walk at Mass?

Yes, in fact you do. You walk in. You walk out.

You walk up for Holy Communion.

A few people walk up to bring the gifts to the priest. The priest himself and other ministers walk and move across the sanctuary. There is more movement in the Mass than you might expect to find. But, does it mean anything? It does.

Walking is a way of getting from one place to another. Walking in the Mass is a sign of our movement. We are going somewhere. We have a destination, and we are on the way. This is what the Vatican Council II meant when it called the Church the "pilgrim people of God," people on the move, people with a destination in God. Each time we celebrate Mass and engage its movements, we remember who we are. And, even more, we recall our holy destination.